



The Mayors Wellness Campaign

Invites you to:

Yoga for Beginners

A free introductory yoga class at Yoga Loka
with Holly Hatch

June 27th 6:30-7:30 pm

If you have ever wanted to try yoga now is your chance! Yoga has many benefits. Come try it and see for yourself!



Yoga Loka is located in the historic Eddy Building, right over the laundromat.

There is no charge for this event, but pre-registration is required
Please register by emailing your name and phone number to
bonnie@Yoga-Loka.com